



To: Residents & Board Members
From: Charles H. Greenthal Management Corp.
Re: People Who Are at Higher Risk for Severe Illness

On April 15, 2020 the CDC updated its site with new information pertaining to those who are defined as “high risk”. Based on information currently available, those considered to be at “higher risk” from COVID-19 are as follows:

- People 65 years and older
- People who live in a nursing home or long-term care facility
- People of all ages with underlying medical conditions, particularly if not well controlled, including:
 - People with chronic lung disease or moderate to severe asthma
 - People who have serious heart conditions
 - People who are immunocompromised
 - *Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications*
- People with severe obesity (body mass index [BMI] of 40 or higher)
- People with diabetes
- People with chronic kidney disease undergoing dialysis
- People with liver disease

COVID-19: What older adults need to know



Jay Butler, Deputy Director for Infectious Diseases at CDC, describes preventative measures to help protect older adults from COVID-19.

We ask that you continue to be vigilant and continue to follow CDC guidelines including:

- *Staying at home if you are high-risk*
- *Sanitizing your hands when you leave or return to your apartment*
- *Wear a facemask or face covering when leaving your apartment*
- *Maintain social distancing (minimum of 6 feet distance from others)*

We will continue to monitor the CDC and other agencies and will share new information or updates with you as they are announced.

Be well and be safe.